

## 2001 California Dietary Practices Survey

**Table 82: Opinion of Weight Status**

Question: Do you consider yourself to be overweight, underweight, or about average for your height?

Percent Agreeing			
	Overweight	Underweight	About Average
<b>Total</b>	<b>44</b>	<b>6</b>	<b>50</b>
<b>Sex</b>			
Males	38	8	54
Females	50	4	46
<b>Males</b>			
18 - 24	19	13	68
25 - 34	33	9	58
35 - 50	39	6	55
51 - 64	56	4	40
65+	45	8	47
<b>Females</b>			
18 - 24	33	5	61
25 - 34	42	7	51
35 - 50	60	3	37
51 - 64	60	4	36
65+	48	5	47
<b>Ethnicity</b>			
White	45	6	50
Hispanic	46	7	48
Black	47	7	46
Asian/ Pacific Islander	31	8	61
<b>Education</b>			
Less than high school	48	7	45
High school graduate	41	6	52
Some college	47	5	48
College graduate	42	6	52
<b>Income</b>			
Less than \$15,000	45	6	49
\$15,000 - 24,999	44	7	49
\$25,000 - 34,999	53	4	43
\$35,000 - 49,999	38	11	51
\$50,000+	45	4	51
<b>Physically Active</b>			
Did not meet recommendations	48	6	47
Met recommendations	40	7	54
<b>Overweight Status</b>			
Overweight/Obese	71	1	29
Not overweight	18	11	71

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test:

\* p<.05

\*\* p<.01

\*\*\* p<.001